

WHIRL TASK SEATING

ERGONOMIC FEATURES+ADJUSTMENTS

SYNCHRONOUS TILT CONTROL, 4-LOCK

HEADREST*

The headrest has a 16 position ratchet mechanism which allows for a 5" height adjustment and pivots for maximum comfort.

To reset headrest height, move headrest up or down to desired height.

To reset headrest angle, pivot headrest forward or backward to desired angle.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Pull handle out, turn forward to increase tension and turn handle backwards to reduce tension.

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.



ARMREST DEPTH/WIDTH/PIVOT*

Adjust armrests to help relieve strain on neck and shoulders.

To adjust depth and pivot, push upper inside button and move forward or backward to desired comfort.

To adjust width, push inside center button moving it closer or further away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture.

Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on outside of arm support while moving arm up or down.

Release button to lock in place.

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in an upright position or be set to recline freely.

Turn handle back to engage lock. Turn handle forward to disengage lock.

SEAT SLIDE*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.

With back against chair, push the lever up then slide seat forward or back.

Release lever to lock.

SYNCHRONOUS TILT CONTROL MECHANISM

In synchronous tilt, the backrest and seat pan of a chair recline at a different ratio. For every 2° of back recline, the seat angle tilts 1° (2:1 ratio) as you lean back. This minimizes the seat pan rise as you tilt, allowing your feet to remain on the floor while your gaze remains straight ahead.

ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit NationalOfficeFurniture.com for additional product information.

WHIRL TASK SEATING

ERGONOMIC FEATURES+ADJUSTMENTS

SYNCHRONOUS TILT CONTROL, 3-LOCK

TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in an upright position or be set to recline freely.

**Push lever in to engage lock.
Pull lever out to disengage lock.**

PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

SEAT SLIDE*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.

With back against chair, push the lever up then slide seat forward or back.

Release lever to lock.



HEADREST*

The headrest has a 16 position ratchet mechanism which allows for a 5" height adjustment and pivots for maximum comfort.

To reset headrest height, move headrest up or down to desired height.

To reset headrest angle, pivot headrest forward or backward to desired angle.

ARMREST DEPTH/WIDTH/PIVOT*

Adjust armrests to help relieve strain on neck and shoulders.

To adjust depth and pivot, push upper inside button and move forward or backward to desired comfort.

To adjust width, push inside center button moving it closer or further away from body.

ARM HEIGHT*

Raise or lower arms to support forearms and keep shoulders in a neutral posture.

Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on outside of arm support while moving arm up or down.

Release button to lock in place.

TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Turn knob counter clockwise to increase tension.

Turn knob clockwise to reduce tension.

SYNCHRONOUS TILT CONTROL MECHANISM

In synchronous tilt, the backrest and seat pan of a chair recline at a different ratio. For every 2° of back recline, the seat angle tilts 1° (2:1 ratio) as you lean back. This minimizes the seat pan rise as you tilt, allowing your feet to remain on the floor while your gaze remains straight ahead.

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